

*We have several Birthdays for July and August*

*With Love and Best Wishes to*

*1st July Doreen Simpson-Smith, 5th July Bert Davis,  
 28th July Margaret Sykes. 5th August Margret Brookes  
 and 14th August Pam Williams*



Dear All

Well here we are half way through the year! Where does the time go? We have had the pleasure of two varied types of dance to enjoy here at The Chace.

Over the last two months Betty Connah and her friend Elizabeth have introduced us to the art of Belly Dancing! What can I say – Some have taken to it like a duck to water others look on in sheer amazement!

This is great fun and a wonderful way to get some exercise at the same time. If you haven't considered it before come along, and have a look you may surprise yourself, anyone can join in to their own ability.

In June we had a lovely evening with a visit from "The Old Meg" lady Morris Dancers. The evening was dry but cool so we needed coats and Pimm's to keep us warm! As a group they practice weekly and perform all around the Worcestershire area at festivals. "Old Meg" seem's to have a great time and I'm sure she could tell a folk tale or two!

Music and dance is a great way to relax, have fun with friends and exercise. And what is really good is you don't realise how hard you are working. You can often hear music playing here in the home. It maybe to relax to quietly or to remember some favourite old dance tunes – let Jeff or Helen know if you have any special requests.

## DATES FOR YOUR DIARY

Date	Time and Place	Event
Sunday 3 <sup>rd</sup> July	3.30pm Pink lounge	Join the Wyche Free Church in their monthly service – all welcome
Weds 13 <sup>th</sup> July	2pm Pink Lounge	Belly Dancing with Betty and Elizabeth. Come and join us for some fun all you shakers and movers!
Thurs 14 <sup>th</sup> July	11.30am Pink Lounge	Come along to join Sarah and her huge variety of songs! Do you have a special song or tune you would like to request?
Tues 19 <sup>th</sup> July	2.00pm Pink lounge	Communion with the Rev. Paul Finch from St Andrews and All Saints Church
Weds 20 <sup>th</sup> July	After Lunch	Sue our professional beauty therapist is here to offer treatments. Why not pamper yourself?
Thurs 21 <sup>st</sup> July	After lunch Pink lounge	Not painted for a time or before? Come and join June and her ever popular Art Class, you maybe surprised!
Sat 30 <sup>th</sup> July	<b>OPEN FAMILY INVITATION</b> 2pm onwards	<b>The Value of Animals here at Our Home</b> Stella and her Assistance Dog Jenson. RSPCA rehoming scheme
Weds 3 <sup>rd</sup> August	2pm Pink Lounge	Belly Dancing with Betty and Elizabeth. Come and join us for some fun all you shakers and movers!
Sunday 7 <sup>th</sup> August	3.30pm Pink lounge	Join the Wyche Free Church in their monthly service – all welcome
Weds 10 <sup>th</sup> August	After Lunch	Sue our professional beauty therapist is here to offer treatments. Why not pamper yourself?
Thursday 11 <sup>th</sup> August	Trip Out Leaving at 2.30pm	Morgan Car Museum Visit (Jeff and Helen)
Tuesday 16 <sup>th</sup> August	2.00pm Pink lounge	Communion with the Rev. Paul Finch from St Andrews and All Saints Church
Weds 17 <sup>th</sup> August	2pm Pink Lounge	Belly Dancing with Betty and Elizabeth. Come and join us for some fun all you shakers and movers!
Thurs 18 <sup>th</sup> August	After lunch Pink lounge	Not painted for a time or before? Come and join June and her ever popular Art Class, you maybe surprised!
Thurs 25 <sup>th</sup> August	11.30am Pink Lounge	Come along to join Sarah and her huge variety of songs! Do you have a special song or tune you would like to request?